



HELLO PARENTS,

Curiosity is a desire to learn, and an eagerness to explore and discover. Children are naturally curious and always actively figuring out how the world works. Curious children are more likely to stay involved, learn and retain information. Giving children opportunities to explore their environment is beneficial to their development and well-being, helping them become lifelong learners. In this newsletter, we aim to provoke your child's curiosity with activities that will make them wonder, question and explore.

ACTIVITIES

INFANTS (3 – 18 MONTHS)

CUPBOARD FUN

MATERIALS:

- Cupboard with child-safe kitchen items

DIRECTIONS:

- Put some safe kitchen items in the lower kitchen cupboard that your child can easily reach.
- When you cook in the kitchen, let your child open the cupboard and explore the items.
- Encourage your child to entertain themselves by using these items in their own unique ways.

[Click here](#) for more activities.

TODDLERS (19 MONTHS – 2.5 YEARS)

PAINT FUN

MATERIALS:

- Paint in various colour
- Large sheet of paper

DIRECTIONS:

- Cover a surface (floor or table) with paper.
- Offer your child various colours of paint.
- Encourage your child to explore the paint using their hands.
- Comment on what your child is doing, imitate them, describe the shapes and colours they are creating, etc.

[Click here](#) for more activities.

PRESCHOOLERS (2.5 – 5 YEARS)

DISCOVERY BOX

MATERIALS:

- Recycled objects. For example: paper rolls, plastic bottles, bottle caps, jar lids, cardboard boxes, etc.
- Large box

DIRECTIONS:

- Collect some recycled objects with your child and place them in a large box.
- Encourage your child to create something unique using the items in the box. Some ideas may include building a bridge, a castle, a zoo, etc.
- Follow your child's lead and enjoy being creative together.

[Click here](#) for more activities.

JK/SK (4 – 6 YEARS)

MAKING ICE GROW

MATERIALS:

- Three or four bottles of water
- Food colouring
- Tub of ice
- Large container

DIRECTIONS:

- Have your child put two drops of food colouring into each bottle of water. Seal the bottles tightly with lids.
- Place the bottles flat in a freezer and leave them there for about 2-3 hours, checking them periodically to ensure that water is cold but not frozen.
- Set out a tub of ice in a large container which can allow for plenty of water overflow.
- Ask your child to gently remove the icy-cold water bottles from the freezer.
- Do not shake the bottles!
- Encourage your child to pour a steady stream of water from the bottles over the ice and observe what happens: the ice begins to grow, grow, grow!

[Click here](#) for more ideas.

SCHOOL-AGERS (6 – 12 YEARS)

WHAT? WHY? HOW?

DIRECTIONS:

- Invite a friend to join you.
- Together, make a list of curious questions. For example:
 - Why do haircuts not hurt?
 - Why do leaves change colour?
 - What makes an ocean wave?
 - How do fireflies make light?
 - Can you hear a shout in space?
- Research the internet and books to find answers to your questions. Compare your findings.

[Click here](#) for more ideas.



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

A TIP FOR TODAY

- Offer your child experiences rather than material gifts for birthdays and other occasions.
- Model curiosity about the world around you by asking open-ended questions and trying to find answers.
- Create an engaging environment where your child can experiment, explore and discover.
- When your child encounters a difficulty or an obstacle, encourage them to persist in their efforts.